

Smart living - with and without technology!

Even small changes in your everyday life can make a big difference - without expensive appliances. In this checklist you will find exciting tips on how you can save energy and water at home, avoid waste and make your room environmentally friendly.

Smart homes can save energy.

Smart devices such as heaters or lamps save electricity if you use them correctly.

Not all smart devices need a lot of power.

Energy-saving mode, automatic switch-off and green electricity, help being sustainable.

With microcontrollers such as Calliope Mini, you can create clever solutions yourself.

This is a fun way to learn how technology can help.

What you can do:

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	Lights out when you leave! Always switch off the light when you leave the room.
	Switch off devices correctly. Standby consumes power - better switch it off completely!
	Do not waste water. Turn off the water when brushing your teeth, take a shower instead of a bath.
	Upcycling is fun! Make pen holders from old cans, make bags from old shirts.
	Less waste, more love for the environment. Use lunch boxes and reusable bottles instead of plastic packaging.
	Swapping instead of buying. Pass on or swap toys or clothes instead of always buying new ones.

